



STOMP-OUT HUNGER

Buy One Get One Free -June 18, 2010

Please remember that families still need food supplies in our slow economy. Food pantries around the state fill bags of groceries for individuals and families every two weeks. Some food pantries receive USDA and donated food goods from various organizations.

Most bags include the following items:

Peanut butter, spaghetti, spaghetti sauce, ramen noodles, cans of fruit and vegetables, rice, juice and cereal. Some food pantries have extra good goods donated which they add as available to the weekly bags. For most food pantries those who qualify can pick up a bag of groceries every two weeks.

Look for these dedicated and constructive opportunities for helping our neighbors.


The regular BOGO/Stomp-Out Hunger Bulletins will return Wed., Sept. 2010. Summer bulletins will be sent on Thursday or Friday, depending upon online ads.

Both Old Testament and New Testament scriptures support our giving to those in need. Take the time to reflect on your blessings, and give what you can.

PUBLIX – BOGO -Tostitos Tortilla Chips, UNCLE BEN'S RICE, Wish-Bone Dressing, Bailey's Coffee Creamer, Duncan Hines Moist Deluxe Cake Mix, EARTH'S BEST ORGANIC BABY FOOD, GREEN GIANT CANNED VEGETABLES, JUICY JUICE, ALL NATURAL 100% JUICE, KEEBLER TOWN HOUSE CRACKERS, KELLOGG'S FROSTED FLAKES CEREAL, KRAFT EASY MAC & CHEESE DINNER, LouAna Pure Veg. Oil, Nabisco Chips Ahoy! OCEAN SPRAY JUICE COCKTAIL, OLD EL PASO DINNER KIT POST HONEY BUNCHES OF OATS CEREAL. SPECIALS – fruits, veggies and meat

WINN-DIXIE - BOGO HUNGRY JACK PANCAKE MIX, KELLOGG'S SPECIAL K BARS, Maxwell House Coffee, POST CEREAL, W-D LONG GRAIN RICE, OLD EL PASO DINNER KITS, Betty Crocker Fudge brownies, Vlasic pickles, Keebler Town House cookies; MIX & MATCH 10/10 – KRAFT EASY MAC/VELVEETA SHELLS & CHEESE, DEL MONTE FRUIT, CARNATION EVAP. MILK, Pringles chips, 2 liter Chek drinks. SPECIALS- fruits, veggies and meat

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 **Please remember to ask for PAPER at the checkout as well as self-checkout for the WestJax Outreach Food Pantry.**